

Maa Baglamukhi Mantra

Maa Baglamukhi Mantra in Hindi

ॐ ह्रीं बगलामुखी सर्व दुष्टानाम वाचं मुखं पदं स्तम्भय जिह्वां कीलय बुद्धिं विनाशय ह्रीं ॐ स्वाहा॥

Maa Baglamukhi Mantra in English

Om Hleem Baglamukhi Sarva Dushtanaam Vaacham Mukham Padam
Stambhaya Jihvaam Keelaya Buddhim Vinashaya Hleem Om Swaha

Meaning of Mantra

Om is a sacred sound used in many Hindu spiritual practices.

Hleem is traditionally regarded as a seed syllable associated with Maa Baglamukhi. In devotional and esoteric interpretations, it is connected with her power of stillness, restraint, and stabilization.

Baglamukhi is the divine name of Maa Baglamukhi, one of the Ten Mahavidyas. The name is invoked as part of addressing and worshipping the Goddess.

Sarva Dushtanaam can be understood as referring to harmful, hostile, or negative influences. In spiritual interpretations, such influences may also be understood in relation to inner disturbances such as anger, confusion, harmful speech, and other obstacles.

Vaacham Mukham Padam Stambhaya, This part of the mantra invokes the power to restrain speech, expression, and harmful activity. The idea of Stambhana is traditionally associated with stilling or bringing disruptive activity to a halt.

Jihvaam Keelaya refers traditionally to restraining or immobilizing the tongue. In a devotional interpretation, this can be understood in relation to restraining harmful, false, harsh, or uncontrolled speech.

Buddhim Vinashaya is traditionally interpreted in relation to removing or overcoming corrupted, confused, or harmful thought. Rather than understanding this only externally, devotees may also contemplate the removal of inner confusion and destructive tendencies.

Hleem Om Swaha The mantra concludes with Hleem Om Swaha, traditional sacred syllables associated with the completion and offering of the mantra.